



Dear Parents and Carers,

As a part of your child's educational experience at Chertsey High School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. I am writing to let you know that, during spring term, your child's class will be taking part in lessons which will focus on Relationships and Sex Education (RSE).

The new government statutory requirements have made the teaching of Relationship and Health education compulsory in primary and secondary schools across the country. Sex education within the national curriculum of Science (including teaching about reproduction in humans) is also compulsory. However, parents and carers have the right to withdraw their child from aspects of sex education within PSHE up until 3 terms prior to their child's 16th birthday. If you should wish to exercise this right, please do get in touch via email (oneillh@chertseyhighschool.co.uk) as soon as possible so we are able to discuss the options available.

RSE is part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

Lessons in Year 10 will include students learning about:

- Relationship values
- Myths and misconceptions about sex, gender and relationships
- Online relationships – opportunities and risks
- Impact of the media and pornography on sexual expectations and behaviours
- Recognising and responding to pressure and coercion and exploitation
- Victim blaming
- Asexuality, abstinence and celibacy
- Different types of families and changing family structures
- Readiness for parenthood and positive parenting qualities
- Fertility, including how it varies and changes
- Pregnancy, birth and miscarriage
- Unplanned pregnancy options, including abortion
- Adoption and fostering
- How to manage change, loss, grief and bereavement
- Community inclusion, belonging, respect and equality
- How social media may distort, misrepresent or target information in order to influence beliefs and opinions
- How to safely challenge discrimination (including online)
- How to recognise and respond to extremism and radicalisation

As a school community, we are committed to working in partnership with parents. Our RSE policy is now available on the school [website](#) and feedback via our questionnaire is encouraged. If you would like to find out more or discuss any concerns please do get in touch via the email below.

Yours sincerely,

Miss H. O'Neill

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