



Dear Parents and Carers,

As a part of your child's educational experience at Chertsey High School, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future. I am writing to let you know that, during spring term, your child's class will be taking part in lessons which will focus on Relationships and Sex Education (RSE).

The new government statutory requirements have made the teaching of Relationship and Health education compulsory in primary and secondary schools across the country. Sex education within the national curriculum of Science (including teaching about reproduction in humans) is also compulsory. However, parents and carers have the right to withdraw their child from aspects of sex education within PSHE up until 3 terms prior to their child's 16th birthday. If you should wish to exercise this right, please do get in touch via email (oneillh@chertseyhighschool.co.uk) as soon as possible so we are able to discuss the options available.

RSE is part of our school's PSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All teaching in PSHE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for students to ask questions in order to prepare them for relationships in the modern world.

RSE Lessons in Year 7 will include students learning about:

- Menstruation and puberty
- Identity, rights and responsibilities in society
- Challenging prejudice, stereotypes and discrimination
- Signs and impacts of bullying in person and online
- Recognising unwanted contact and FGM
- Self-worth and positive relationships (building friendships)
- Unhealthy relationships – media stereotypes, expectations of romantic relationships
- Consent (the law and assertive communication of boundaries)

As a school community, we are committed to working in partnership with parents. Our RSE policy is now available on the school [website](#) and feedback via our questionnaire is encouraged. If you would like to find out more or discuss any concerns please do get in touch via the email below.

Yours sincerely,

Miss H. O'Neill

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